

<u>Cluster immunotherapy</u> (rapid desensitization) is a method of accelerated desensitization to environmental allergens. The advantage of an accelerated cluster immunotherapy program is achieving a maintenance dose more quickly, but it involves a more concentrated time requirement in the first seven or more weeks compared to conventional immunotherapy. There may be a higher risk of allergic reactions, but overall the risk appears to be comparable to traditional immunotherapy schedules. They both provide the same effectiveness once the maintenance dose is obtained. It is important to be on time for cluster injections. If you are late for injection, we will adjust the dose accordingly. Once the maintenance dose is reached, you will continue to come weekly for about 8 weeks before increasing the interval to every 2 weeks.

Cluster Schedule:

- Patients come ONCE WEEKLY. If there are more than 10 days between doses, the dose will need to be adjusted.
- You will initially receive 3 sets of injections per visit for the first 3 visits, then 2 sets of injections for the next 4 visits, and then 1 set of injections for the final visit. There will be 30 minutes between injections and you will be monitored for 30 minutes after the final injection of the day.
- Please schedule a visit with a provider for the first injection day.

How many injections per visit:

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14
3	3	3	2	2	2	2	1	1	1	1	1	1	1

Cluster Shot Hours

Monday: 8:30am-2:30pm

Tuesday: 8:30am- 2:30pm (IL office is closed on Tuesdays)

Wednesday: 8:30am-2:30pm Thursday: 8:30am-2:30pm Friday: 8:30am- 12:30pm

** Please note that we do not administer cluster injections on Saturdays **

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